

# **Sand Hutton & Warthill Federated CofE Primary Schools**

## **Physical Educational Policy**

Sand Hutton and Warthill are situated in rural villages North East of York. One hundred per cent of the pupils achieve the target of 2 hours high quality PE a week.

This policy reflects national aims and priorities from the PE School sport Club Links Strategy (PESSCL) and incorporates aims and objectives that the Jorvik Schools Sports Partnership has agreed in its development plan.

### **The aims of physical education in the National Curriculum are: -**

- To develop pupils' physical competence and confidence, and their ability to use these to perform in a range of activities.
- To promote physical skilfulness, physical development and a knowledge of the body in action.
- To enable children to participate in challenging group and team activities in a co-operative and safe manner.
- To aide physical development by increasing strength, flexibility and endurance.
- To encourage children to listen, observe, communicate, evaluate actions, ideas and performances to improve their quality and effectiveness.
- To promote positive attitudes towards active and healthy lifestyles.
- To provide pupils with opportunities to be physically creative.
- To enjoy

**The school actively supports physical activity throughout the school day.**

### **To achieve these aims the school will: -**

- Ensure that the tasks undertaken are carried out in a way that minimises the risk of physical injury by providing tasks and challenges appropriate to every child.
- Teach pupils about hazards to themselves and others and risk control.
- Provide quality physical activity opportunities in the fields of games, athletics, gymnastics, dance and outdoor adventurous activities, which meets statutory National Curriculum requirements, using outdoor and indoor facilities and appropriate apparatus.
- Increase their confidence in water and provide opportunities to swim unaided using a variety of strokes.
- Encourage the children to improve the quality of their individual and team skills in all areas of physical activity.

- Promote the benefits of regular physical exercise, good hygiene and basic safety principles.
- Increase pupil participation in physical activity both within and outside of curriculum time.
- Differentiated tasks should be provided which are matched to the abilities, needs and interests of all pupils.
- Raise the profile of physical activity throughout the school and encourage cross-curricular links.
- Make facilities and equipment available for pupils to use at lunchtimes and break times and encourage pupils to be active at these times.
- Invite appropriately qualified professionals to contribute to the provision of out-of-hours activities.

## **Roles and Responsibilities**

### **Governors**

As part of their general responsibilities for the management of the school, the governors have played a key role in the development of the schools physical activity policy. They will continue their involvement through regular evaluation of it.

### **Designated member of staff**

An identified member of staff takes overall responsibility for this policy and its implementation and for liaison with the governing body, parents, LA and appropriate outside agencies.

### **Parents**

Parents are encouraged to support the provision of physical activity within the school's curricular programme and have access to this policy. The school plays its part in ensuring that parents are kept up to date in developments regarding physical activity provision. There will be communication with parents in the form of newsletters and letters informing them of activities available for their child.

### **Pupils**

Pupils will be actively consulted about the physical activity provision within the school and their views will be central to developing that provision. Pupils will be consulted in regard to the development of the policy, when their views will be recorded on the annual audit of the Jorvik Schools Sports Partnership and the consultation of the Schools Sport Partnership.

### **Staff**

All staff both teaching and non-teaching should be aware of the policy and how it relates to them. Any staff involved in physical activity should have opportunities for relevant training. Staff are consulted with in the

development of the policy on the annual audit of the Jorvik Schools Sports partnership and the consultation of the Schools Sport Partnership.

### **AOTT**

Mrs Rachel Jagger have completed training in skipping and the supervision of playground games during break times.

### **Health and Safety**

When working in practical activities the children will be made aware of the risks to themselves and others and the importance of managing a safe environment. Reference will be made to QCA units Health and Safety points.

### **Teaching programme and strategies**

Each Key stage will have an allocation of 2 hours high quality provision for Physical Education. The content of curricular provision will reflect a planned approach meeting National Curriculum requirements and cross-curricular links; skills and themes will be identified. QCA schemes of work will provide the basis for our planning. Assessment will be made using level descriptions as stated in National Curriculum 2000.

A variety of out-of-hours learning programmes will be offered, where sessions will target a variety of groups so that all children will have the opportunity to take advantage of some form of physical activity. These sessions will take place after school.

### **Special Educational Needs**

Provision will be made where necessary to support any individuals with special educational needs or disabilities. We will endeavour to provide effective learning opportunities for all pupils. This may be by providing specialist equipment, adult support, adapting environments or planning suitable alternative activities.